

# LOS LAGOS NEWS

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## Announcements

### Next Board Meeting

Monday, Oct 21, 2019, 2:00pm.  
Council Chambers, Indian Wells City Hall, Hwy 111 at El Dorado.

### Pickleball

Pickleball Training Camp in Indian Wells, October 29-31.  
[More information.](#)

### Pool and Spa Hours

The hours of operation of the pools and spas have been changed to coincide with the those of the tennis and pickleball courts. All facilities now are open from 7am to 10pm

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## *Happy Fortieth Anniversary to Los Lagos*

OK neighbors, let's picture it. It's October 1979. Several of the white stucco houses with red tile roofs have already been completed. They are the three model homes that are still just north of the entry area with its distinctive gatehouse and lovely stone fountain. Looking north or south, one sees additional houses in various stages of construction. A sign with a large arrow points to the model homes that are NOW OPEN, one example of each of the three models called The Tiburon with its separate casita, The Lago Bonita with two master suites and a "fireplace nearly large enough for a grown man to stand in," and El Grande with two fireplaces and its large and "dramatic desert room."

In anticipation of the Grand Opening of Los Lagos the developer, The Gentry Company, has prepared a glossy sales brochure that declares, "There's a New Oasis In The Desert" and tells prospective buyers "In the world of exclusive desert communities, Los Lagos is incomparably different in its concept and elegance. Here, amid the tranquil streams of crystal clear waterscaping, Los Lagos is certainly the ultimate home for the

## Community column

### *Los Lagos Home Values*

Are you curious about the latest selling prices? Or wondering how many homes are for sale in our community? The answers are a click away at [loslagosiw.com](http://loslagosiw.com).

### *Time for a Nap*

It appears that the often extolled “power napping” may be more important than first imagined. A five year observational study at the University Hospital of Lausanne, Switzerland found that taking a 10 to 20 minute nap could mean the difference between fatal vs non-fatal cardiovascular disease.

“Napping once to twice weekly for between five minutes and an hour showed an almost halving in heart attack, stroke and heart failure risk (48 per cent) compared with those who didn’t nap at all.”

Most importantly, the Lausanne researchers found that longer and/or more frequent naps did not play a role in this relationship. As noted above, this was an observational study that relied on personal report rather than physiological data. Nonetheless, it is one more study that corroborates the importance of sleep for maximum health.

*Darlene Pienta*

discriminating buyer...opulent luxury and innovative design. The homes of Los Lagos have been created to capture the essence of desert living. Designed by world-famous architect Barry Berkus... each home complements the relaxed, carefree life-style of the desert with a spacious, wide-open atmosphere that is perfect for entertaining.”

The sales brochure invites prospective homeowners to “enjoy an evening stroll beside the streams and ponds that lace the beautifully landscaped grounds...and near every street, past almost every home, meander effervescent streams of bubbling clear water”. All of this beauty was available to buyers with the monthly HOA fees of \$200. (When adjusted for inflation that \$200 in 1979 dollars is \$742 in 2019 dollars, quite a bit over the \$495 we currently pay!) No photos of the four and one half acres of water features and 20 acres of landscaped grounds were included in the sales brochure, and they possibly did not yet exist, but it did include this interesting photo of our entry below. (Sorry for the poor reproduction.)



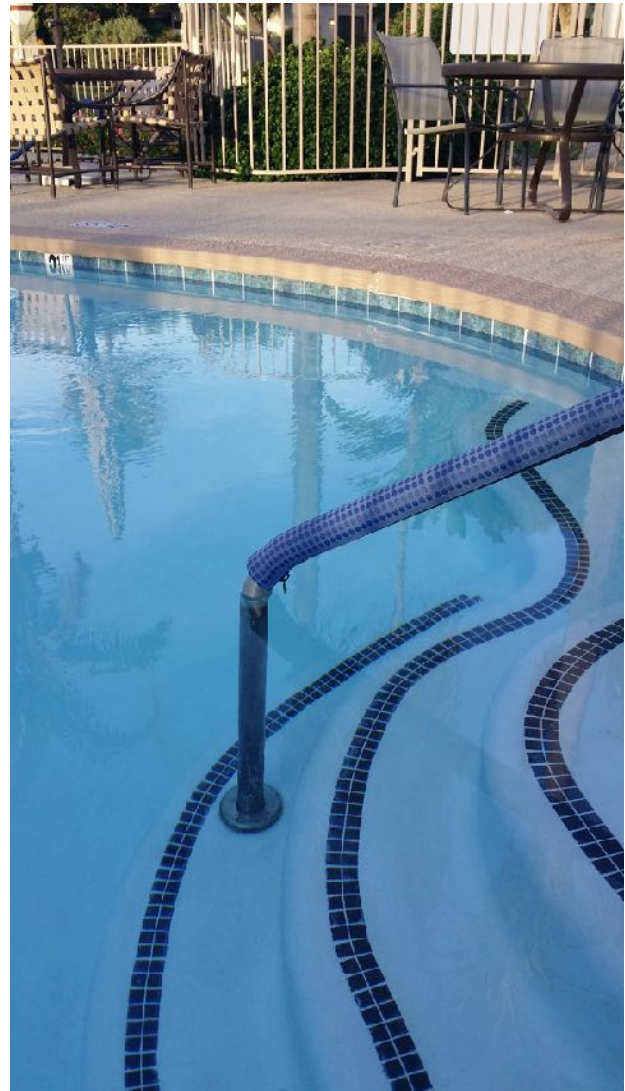
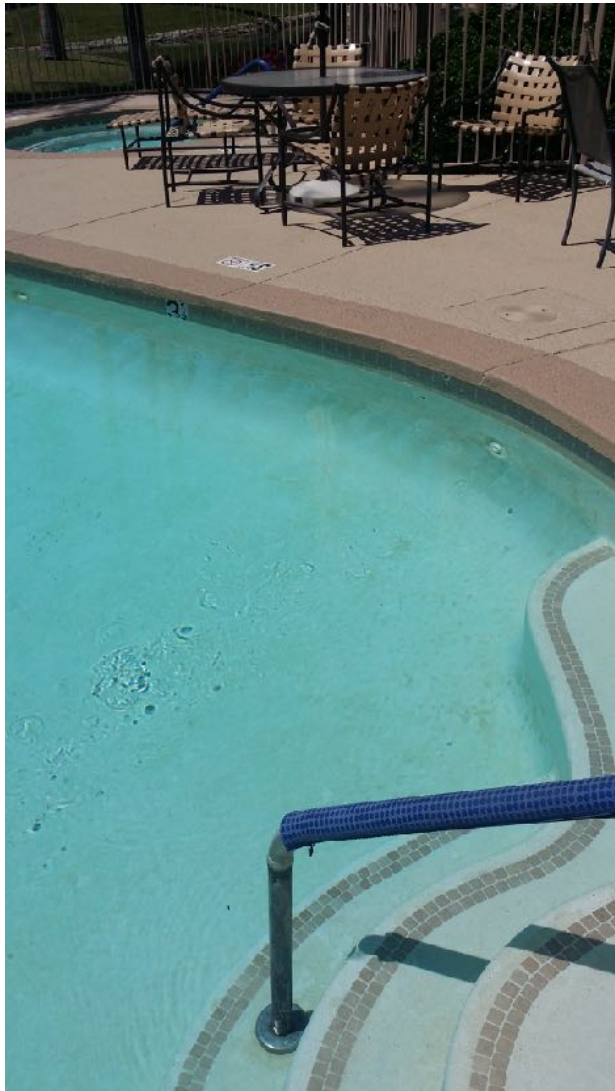
Facing east, the original fountain shown in the photo was replaced recently by a taller and narrower one. Most current residents will recognize the shape of the gatehouse roof, to the right in the photo. Look beyond the gatehouse to the vacant land that is now the site of Desert Horizons, which was developed not long after. Note those vertical

“sticks” across Cook Street that are most likely dead and dying palm trees. They hint at the vacant state of this part of our desert valley in 1979 when Los Lagos was initially opened. It really was an oasis in the desert!

And now, forty years later, we still live in an oasis. It has aged well and remains a neighborhood with a unique community signature.

*Herb Costner and Harris Demetre*

*Restoration and Renewal of Community Property*



Pool and Spa 2 - Before and After

Over the summer, the board closed pool and spa 2 to replaster the interiors. The results are shown above. Note the new tiles around the waterline. The decks in all four pools and spas were resurfaced earlier in the year.

In addition, the walls around the tennis courts and the tennis pavilion were repaired and repainted.

You may have noticed that the fountain is not running. It has to be pressure washed and resealed as part of its regular maintenance.